

Your Feet and Custom Insoles (orthotics)

If “*Eyes are the Windows of the Soul*” then the “**Feet** are the *Windows to the Spine!*”

Your back’s foundation depends on your body’s foundation – your FEET! How we stand and walk can have a direct bearing on overall spinal balance and muscular support.

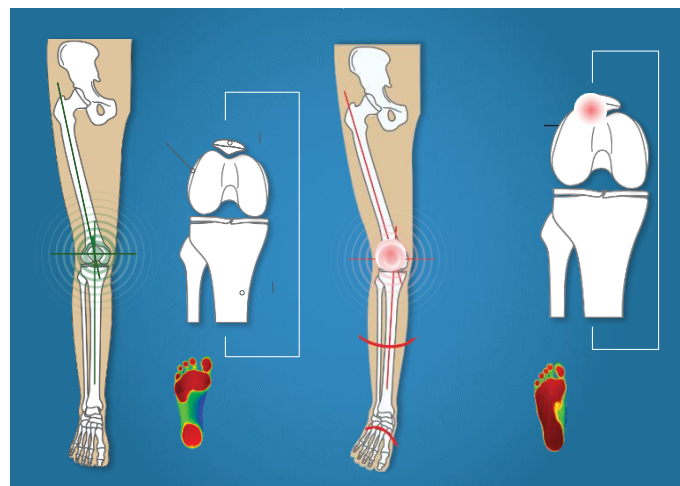
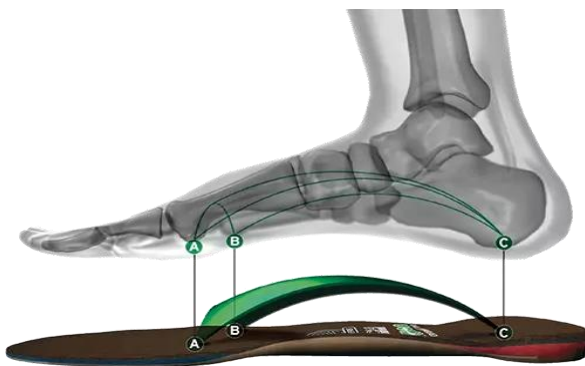
Wearing unsupportive shoes, being flat-footed, and walking with pronation or “duck feet” can cause additional problems in your legs, hips and lower back. Not to mention foot and heel pain, ankle pain and knee pain.

Dr Morelli has over four decades of experience treating back, foot and ankle problems via spinal adjustments, relieving tension, measuring and fitting you with custom insoles and footwear, and guiding you in fixing your stride.

We have a specialized “laser scanner” device that you stand on and the lasers scan and digitally image your feet, balance and stance. It also takes a picture of your feet for comparison.

After imaging your feet and stance, the system utilizes a specialized computer program to analyze the images and digital measurements compiling the data.

Dr. Morelli will then review with you this information, showing you the images. He then will offer you various options of custom insoles. Since we in Hawaii depend on “rubber slippers” as one of our primary footwear, we can also have made custom “sandalthotics”! These are sandals that have built-in orthotic corrections individually created just for your feet from the digital information via the laser scan.



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